

IMPORTANT INSTRUCTIONS PRIOR TO ORAL SURGERY

1. Expect **3-5 days for recovery**.
2. **Take medication**, as prescribed by your surgeon. Discontinue medications **ONLY WHEN DIRECTED BY THE DOCTOR**(eg: Aspirin, eliquis, xarelto...)
3. **Prepare ice packs, soft foods** such as yogurt, oatmeal, Jell-O, pureed foods, ice cream, omelette and soups. You may also get food supplements such as *Ensure* or *Boost*.
4. Please **advise the surgeon if your medical condition has changed**, or you are taking any new medication since your last visit.
5. **Please bring the required fees**, as per your estimate, payable by cash, Interac, Visa, Master Card or American Express.
6. **A minimum 48-hour cancellation notice is required** to avoid cancellation fees.
7. **For dental implants cases only**, remember to bring your surgical guide with you on the day of your surgery(when indicated by the surgeon)

IF YOU ARE TAKING I.V. SEDATION or LAUGHING GAS

(nitrous oxide):

- ❖ **DO NOT EAT OR DRINK 8 hours prior to surgery** (you may drink a small amount of water with your prescribed medications)
- ❖ A responsible adult **MUST ACCOMPANY YOU to your surgery with a car**, drive you home, and be with you for the first 24 hours after surgery
- ❖ **Expect to be drowsy** and plan to rest at home for 24 hours
- ❖ **No alcohol, driving or operating dangerous machinery** for 24 hours or longer, if drowsiness persists
- ❖ Ladies must remove nail polish and lipstick
- ❖ Wear loose-fitting clothes. Do not wear your contact lenses.

IF YOU ARE TAKING ATIVAN:

- ❖ **DO NOT EAT OR DRINK 4 hours prior to surgery**
- ❖ A responsible adult **MUST ACCOMPANY YOU to your surgery with a car**, drive you home, and be with you for the first 24 hours after surgery